



# It's Your Child's Life Online Parental Engagement Programme

[www.itsyourlife.me.uk/liverpool](http://www.itsyourlife.me.uk/liverpool)

**GIVING FAMILIES THE TOOLS THEY NEED TO SUPPORT THEIR CHILDREN'S LEARNING JOURNEY**

## What?

We've been working for a number of years now to support hundreds of parents/carers across the UK to help their children thrive at school. We're passionate about giving parents/carers a real insight into what their children are learning at school and how they are being taught in a fun, relaxed, stress-free way! Our online programme has been described as 'The Golden Ticket' between home and school and gives parents/carers a real understanding of how they can support their children's learning and development. With a sound knowledge and understanding of EYFS curriculum, our teachers weave in activities that help parents develop skills, habits and routines that have a really positive impact on home and school life, helping their children to strive for and achieve excellence.

During this Covid pandemic, our work supporting families has been more important than ever, with so many children learning at home for significant periods of time. We'd love you to join us in our five-session programme to find ways you can support the development and well-being of your children. Our post session support WhatsApp group has been referred to as a real tonic by the parents/carers we work with. It gives families the chance to celebrate what their children are doing well and the opportunity to gain further support and encouragement during these challenging times. Many parents say that the programme has had a hugely positive impact on their own well-being and stress levels too.

## How?

Our weekly sessions run on Zoom or alternatively the platform your child's school uses. They'll last for around 45 minutes. They are really relaxed and stress free plus you'll leave each one with lots of easy-to-use ideas and activities to do with your children which will help them thrive! Why not take a look at what other parents have said about the course in our testimonials and videos on [www.itsyourlife.me.uk/liverpool](http://www.itsyourlife.me.uk/liverpool)

## Course Content:

	Areas of Learning and Development	<b>Parents/carers are equipped with practical activities to enhance their child's development in the following areas:</b>
	Communication and Language	Games and activities to improve children's listening, attention, understanding and speaking.
	Personal, Social and Emotional Development	Strategies to promote wellbeing of both parents/carers and children. Practical tools to help build children's confidence, self-esteem, manage behaviour, self-regulation. Activities and games which help children to build relationships and develop empathy.
	Physical Development	Practical advice on sleep, routine, diet and exercise. Games and activities which promote the development of both gross and fine motor skills.
	Reading and Writing	Activities which help to develop a life-long love of reading and writing. Fun ways to develop children's comprehension.
	Maths	Number games which develop a deep understanding of numbers 1 to 10, number bonds, number patterns. Encouraging parents/carers to use language like greater than, less than, same as.



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 Course Leaders  
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